



Sep 29, 2019

## **AAU launch “Refresh your Heart” initiative on the World Heart Day**

The Deanship of Student Affairs at Al Ain University, Al Ain campus, in collaboration with NMC hospital, launched a health initiative entitled “Refresh your Heart” on the occasion of the World Heart Day which marks the 29th of September each year.

The initiative included free medical tests on checkups such as body mass index, pressure, cholesterol and sugar, where the aim of this initiative is to enhance students' and family's knowledge of precautions to reduce the risk of cardiovascular disease.

Dr. Ibtehal Aburezeq, Dean of Student Affairs, said that the World Heart Day is an opportunity to raise awareness of the cardiovascular diseases, motivate people to choose a healthy lifestyle to reduce their risk of heart disease.

[Press Release Link](#)